



# Book Club in a Bag

## Discussion Questions

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### “One Perfect Lie” by Lisa Scottoline

1. The tagline for *One Perfect Lie* is “The most perfect lie is the one you tell yourself.” Confession time! What is the biggest lie that you tell yourself? Have you ever been fooled by someone who pretended to be someone they weren’t? Why were you fooled, in retrospect? How did you deal with them?
2. In *One Perfect Lie*, the setting seems like the ideal suburban town, but things are not as rosy behind the scenes. The same thing happens with social media where everyone’s life seems so perfect. Are you on social media? In what ways is it good, and what ways bad?
3. The moms in this book are “baseball moms,” meaning their boys (or girls) play baseball, and they support them in their sport. In what ways are moms vital to the youth sports in America? What do you think of the youth sports culture today and how has it changed since you were young?
4. In the book, we see how competition can come between best friends. With sports comes competition, it is inevitable, but it can also cause problems. How do you define healthy competition? When does it become unhealthy?
5. There are many different family configurations represented in *One Perfect Lie*. Which family do you relate to the best? What are the benefits of each situation, and what are the negatives? Have we, as a society, become more accepting of non-traditional families?
6. What are the challenges of parenting teens? What are the challenges of being a teen today? In what ways can we as a society try to bridge the gap between parents and teenagers?
7. Sexting, or sending naked or sexual texts, is common place these days among teens. Why do you think that is happening? Who do you think is responsible for the increased sexual activity of our young children? How can we protect our children, while still allowing them some freedom and showing we trust them? Have you experienced any situations where your child made a mistake with something they posted on social media? What was the fall-out, and how did you react?

The above questions were taken from LitLovers, Reading Guides.  
[www.litlovers.com/reading-guides/13-fiction/10986-one-perfect-lie-scottoline](http://www.litlovers.com/reading-guides/13-fiction/10986-one-perfect-lie-scottoline)

# Book Club in a Bag

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